

Notes for your diaries:

**Friday 1<sup>st</sup> September, Taster Yoga.** At Naturel Warden. 9:15-10:30am Iyengar Yoga Women only. Contact Norah Phipps 01434 674249 or email [yoganorah@gmail.com](mailto:yoganorah@gmail.com)

**Friday 1<sup>st</sup> September, Parkinson's Group,** Newbrough Town Hall 10:30am – 12:30pm

**Saturday 2<sup>nd</sup> September, Haircuts at the Town Hall,** Sophie will be at Newbrough Town Hall from 9am – 12:30pm

**Saturday 2<sup>nd</sup> September, Mobile Fish & Chip Van.** The mobile fish and chip van will be at the Millennium Beacon between 4:30 and 6:30pm and at Sidgate from 6:45 to 7:15pm.

**Sunday 3<sup>rd</sup> September, C of E Church Services.** 8.30 am Holy Communion (BCP) at St Michael's, Warden 10 am Parish Eucharist at St Peter's, Newbrough

**Sunday 3<sup>rd</sup> September, Sundays - Pilates with Perfectly Pilates** at Naturel, Warden. 10:00am - 11:00am. Open to all. Private, tailored one-to-one sessions or small group classes also available. This may be supplemental to your existing pilates regime to focus on target areas of concern re rehabilitation, or in place of attending a larger class. Thursday afternoons/evenings and Sunday mornings. Contact Sarah on 07341 817156 or email [sarah@perfectlypilates.co.uk](mailto:sarah@perfectlypilates.co.uk). Facebook @perfectlypilatesuk

**Monday 4<sup>th</sup> September, Barber Bus.** Millennium Beacon 3:30-4:30pm

**Monday 4<sup>th</sup> September, Warden Parish Council.** Newbrough Town Hall 7pm

**Wednesday 6<sup>th</sup> September, Yoga at Naturel, Warden.** 6-7.30pm Open to all, 7.45-9.15pm Men Only. Contact Norah Phipps 01434 674249 or email [yoganorah@gmail.com](mailto:yoganorah@gmail.com)

**Wednesday 6<sup>th</sup> September, Newbrough Parish Council.** Newbrough Town Hall 7pm

**Thursday 7<sup>th</sup> September, Thursdays - Pilates with Perfectly Pilates** at Naturel, Warden at the later time of 7:15pm-8:15pm. Open to all. Private, tailored one-to-one sessions or small group classes also available. This may be supplemental to your existing pilates regime to focus on target areas of concern re rehabilitation, or in place of attending a larger class. Thursday afternoons/evenings and Sunday mornings. Contact Sarah on 07341 817156 or email [sarah@perfectlypilates.co.uk](mailto:sarah@perfectlypilates.co.uk). Facebook @perfectlypilatesuk

**Friday 8<sup>th</sup> September, Yoga at Naturel, Warden.** Mixed class 9:15am to 11:15am. Contact Norah Phipps 01434 674249 or email [yoganorah@gmail.com](mailto:yoganorah@gmail.com)

**Friday 8<sup>th</sup> September, Donation of Gifts for the Harvest Festival.** Fourstones Methodist Chapel will be open between 10am and 2pm to receive gifts for the Harvest Festival. There will be a wish list in the Chapel and also at the garage. Donations are for the Peoples Kitchen in Newcastle.

**Saturday 9<sup>th</sup> September, Community Coffee.** The Red Lion 11am to 1pm

**Saturday 9<sup>th</sup> September, Village Produce Show.** Schedules and entry forms available in the Garage and online through this website. Pick one up and enter an exhibit, or two, in this friendly show which is admirably suited to those who have never tried before.

**Sunday 10<sup>th</sup> September, C of E Church Services.** 10 am Parish Eucharist at St Aidan's, Fourstones

**Sunday 10<sup>th</sup> September, Sundays - Pilates with Perfectly Pilates** at Naturel, Warden. 10:00am - 11:00am. Open to all. Private, tailored one-to-one sessions or small group classes also available. This may be supplemental to your existing pilates regime to focus on target areas of concern re rehabilitation, or in place of attending a larger class. Thursday afternoons/evenings and Sunday mornings. Contact Sarah on 07341 817156 or email [sarah@perfectlypilates.co.uk](mailto:sarah@perfectlypilates.co.uk). Facebook [@perfectlypilatesuk](https://www.facebook.com/perfectlypilatesuk)

**Sunday 10<sup>th</sup> September, Town Hall BBQ. BBQ lit at 12 noon.** Tickets from the Garage or any committee members £8, includes a meat pack, choice of salads and delicious sweets. Please purchase as soon as possible so the food order can be placed. Feel free to bring your own drinks.

**Monday 11<sup>th</sup> September, Harvest Thanksgiving Concert with The Brothers Gillespie.** Fourstones Methodist Chapel, 7pm Musical entertainment from two of the finest local musicians. Tickets £6 to include refreshment.

**Monday 11<sup>th</sup> September, Dance Classes.** At Newbrough School hall Join a beginner's class of Ballroom and Latin American dancing An introduction to Ballroom dancing, for adults (age 16+) from 6.30-7.20pm A partner helpful, but not essential Every Monday evening for 6 weeks, Starting Monday 11<sup>th</sup> September £24 per person for the 6 weeks' course Please contact Deborah on 07810 896014 for more information & to book your place – places are limited

**Wednesday 13<sup>th</sup> September, Yoga at Naturel, Warden.** 6-7.30pm Open to all, 7.45-9.15pm Men Only. Contact Norah Phipps 01434 674249 or email [yoganorah@gmail.com](mailto:yoganorah@gmail.com)

**Wednesday 13<sup>th</sup> September, Annual Pensioner's Trip.** Trip to Darlington and Richmond, coach departs Red Lion at 9am. Call 674071 to book a seat.

**Thursday 14<sup>th</sup> September, Thursdays - Pilates with Perfectly Pilates** at Naturel, Warden at the later time of 7:15pm-8:15pm. Open to all. Private, tailored one-to-one sessions or small group classes also available. This may be supplemental to your existing pilates regime to focus on target areas of concern re rehabilitation, or in place of attending a larger class. Thursday afternoons/evenings and Sunday mornings. Contact Sarah on 07341 817156 or email [sarah@perfectlypilates.co.uk](mailto:sarah@perfectlypilates.co.uk). Facebook [@perfectlypilatesuk](https://www.facebook.com/perfectlypilatesuk)

**Thursday 14<sup>th</sup> September, W.I.** Newbrough Town Hall 7pm

**Friday 15<sup>th</sup> September, Yoga at Naturel, Warden.** Mixed class 9:15am to 11:15am. Contact Norah Phipps 01434 674249 or email [yoganorah@gmail.com](mailto:yoganorah@gmail.com)

**Friday 15<sup>th</sup> September, Parkinson's Group,** Newbrough Town Hall 10:30am – 12:30pm

**Saturday 16<sup>th</sup> September, Iyengar Yoga.** Humshaugh Village Hall for anyone who has in the past (or currently) been to Yoga Class at Humshaugh with Norah we are celebrating our 10<sup>th</sup> anniversary! 9.30-10.30 Yoga class from 11-12.30 a coffee morning open to all which will include a

demonstration of yoga from students. All welcome Contact Norah Phipps 01434 674249 or email [yoganorah@gmail.com](mailto:yoganorah@gmail.com)

**Sunday 17<sup>th</sup> September, C of E Church Services.** 8.30 am Holy Communion at St Peter's, Newbrough, 10 am Holy Communion (BCP) at St Michael's, Warden

**Sunday 17<sup>th</sup> September, Sundays - Pilates with Perfectly Pilates** at Naturel, Warden. 10:00am - 11:00am. Open to all. Private, tailored one-to-one sessions or small group classes also available. This may be supplemental to your existing pilates regime to focus on target areas of concern re rehabilitation, or in place of attending a larger class. Thursday afternoons/evenings and Sunday mornings. Contact Sarah on 07341 817156 or email [sarah@perfectlypilates.co.uk](mailto:sarah@perfectlypilates.co.uk). Facebook [@perfectlypilatesuk](https://www.facebook.com/perfectlypilatesuk)

**Wednesday 20<sup>th</sup> September, Yoga at Naturel, Warden.** 6-7.30pm Open to all, 7.45-9.15pm Men Only. Contact Norah Phipps 01434 674249 or email [yoganorah@gmail.com](mailto:yoganorah@gmail.com)

**Thursday 21<sup>st</sup> September, Thursdays - Pilates with Perfectly Pilates** at Naturel, Warden at the later time of 7:15pm-8:15pm. Open to all. Private, tailored one-to-one sessions or small group classes also available. This may be supplemental to your existing pilates regime to focus on target areas of concern re rehabilitation, or in place of attending a larger class. Thursday afternoons/evenings and Sunday mornings. Contact Sarah on 07341 817156 or email [sarah@perfectlypilates.co.uk](mailto:sarah@perfectlypilates.co.uk). Facebook [@perfectlypilatesuk](https://www.facebook.com/perfectlypilatesuk)

**Saturday 23<sup>rd</sup> September, Haircuts at the Town Hall,** Sophie will be at Newbrough Town Hall from 9am – 12:30pm

**Sunday 24<sup>th</sup> September, C of E Church Services.** 10 am Parish Eucharist at St Peter's, Newbrough

**Friday 29<sup>th</sup> September, Yoga at Naturel, Warden.** Mixed class 9:15am to 11:15am. Contact Norah Phipps 01434 674249 or email [yoganorah@gmail.com](mailto:yoganorah@gmail.com)

**Friday 29<sup>th</sup> September, Macmillan Cancer Care Coffee Morning,** Methodist Chapel, 10am-1pm

#### **St Aidan's Youth**

Youth Club is meeting every other Wednesday from 5 till 7 pm at the Town Hall. If your child is aged between 9 and 13 we'd love to see them. Please contact Jane on 07747 865747 or Caro, 07767 447134